

The Truth About the Food Supply System



Cathy Harris
*Non-GMO
Health & Wellness
Expert*

www.CathyHarrisSpeaks.com

**FREE Workshop, Aug. 6, 2015,
Thursday, 11:30-1:00 p.m.**

New Austinite, Speaker, Author, and Health Coach, **Cathy Harris**, launched the **National Non-GMO Health Movement** 5 years ago and since that time she has traveled around the U.S. informing the public as to how they can use natural methods to revolutionize their health while avoiding **Genetically Modified Organisms (GMOs)**. She is the noted author of 21 non-fiction books including 4 health books. Cathy will also discuss her **12 Steps to Wellness** (www.CathyHarris-12StepsToWellness.com).

Topics:

- ◆ Top Steps to Rejuvenate and Reenergize Your Body through Detoxification
- ◆ Top Steps to Clean Up Your Environment and Recover the Energy You Had 10 to 15 Years Ago
- ◆ Top Steps to Bring Down Your Numbers Naturally (Weight, Cholesterol, Blood Pressure, Blood Glucose, Triglycerides)
- ◆ Top Steps to Build a Strong Immune System and Live to Be 100 Years Old
- ◆ Top Steps to Treat Depression Naturally
- ◆ Top Foods that are Genetically Modified/Engineered/Altered
- ◆ Top Side Effects of Eating Genetically Modified Organisms (GMOs)
- ◆ Why One Company, Monsanto, Has Bought Over 90% of All Seed Companies in the U.S. and Now Owns 40% of All U.S. Grown Crops
- ◆ Why 4 Corporations Owns All the Meat in the U.S.
- ◆ Why Over 80% of Beef in this Country (School Lunch Programs, Fast Foods, etc.) Contains Ammonia
- ◆ Why the Green Movement Helped Poison the Environment

Location:

Law of Attraction Meetup.com Boot Camp
Strange Brew Austin Coffee Shop
5326 Manchaca Road, Austin, TX 78745, (512) 909-7365
We are on the left side in the big room.